



Learning from Home: Suggested timetable

This is to help you establish a routine at home during school closure. We cannot recreate school or lessons for students so have aimed for a balance of learning activities and non-screen activities.

Time	Activity	Resources/suggestions
9.00-9.30	Active time	<ul style="list-style-type: none">• Body Coach - YouTube• Yoga
9.30-10.00	Learning session 1 Reading	<ul style="list-style-type: none">• Use the book lists in your planner.• Keep a reading log.• Read a wide range of texts including fiction and nonfiction
10.00-10.30	Break	
10.30-11.00	Learning session 2 Online learning	<ul style="list-style-type: none">• Maths watch• Dr Frost
11.00-12.00	Learning session 3 MLE directed learning or work packs for those with no IT access	Students should complete core work each week (English, maths and Science) Teacher will check the completion of the task at the end of the week on the MLE
12.00-1.00	Lunch	
1.00-2.00	Learning session 4 MLE directed learning or work packs for those with no IT access	Choose from other subjects and complete tasks set. Teacher will check the completion of the task at the end of the week on the MLE.



2.00-3.00	Non-screen activity	<ul style="list-style-type: none">• Art• Baking• Make dinner• Set up a game for younger siblings• Play music/listen to music• Yoga/dancing/exercise• Write a story• Write letters to relatives/friends• Crafts
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Resources that may support you:

<https://www.englishandmedia.co.uk/>

You can download a free home learning pack for KS3 students on this website



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